

Masterclass Series



Orthopaedic Masterclass Series 2011



The Wellington Hospital



Orthopaedic Masterclass Series 2011



Welcome to the Orthopaedic Masterclass Series 2011



Keith Hague

Chief Executive

The Wellington Hospital

Following on from the hugely successful Orthopaedic Masterclass Series held in 2009 and 2010 we have decided to run a third series in 2011. Once again we will be highlighting issues across the orthopaedic specialties of Hip, Knee, Spine, Shoulder, Peripheral Nerve and Upper Limb as well as including the management of Pain associated with Orthopaedics.

Our speakers – who are all Consultants at The Wellington Hospital – will be talking on subjects in which they have an international reputation. In addition, we plan to introduce some influential guest speakers and will include patient case studies at some of the sessions.

These free, evening events, to be held monthly, will all take place at the Huxley Lecture Theatre, London Zoo and each presentation will be followed by a buffet dinner. The full programme is outlined on the next few pages so that you can put these dates in your diary for 2011. We will circulate a detailed programme and booking form 2-3 weeks in advance of each specific event.

If you need any further assistance or information, or if you would like to be added to our mailing list, please do not hesitate to contact The Wellington Hospital events office on 07967 032441.

I look forward to seeing you at these events throughout 2011.

Keith Hague
Chief Executive, The Wellington Hospital

Masterclass Series

Masterclass Events Diary

MASTERCLASS ONE

Tuesday 25 January
Musculoskeletal Trauma

MASTERCLASS TWO

Tuesday 15 February
Hip and Groin Pain

MASTERCLASS THREE

Tuesday 15 March
Sports Injury of the Shoulder and Elbow

MASTERCLASS FOUR

Tuesday 5 April
Hand and Wrist Surgery: The Future

MASTERCLASS FIVE

Tuesday 24 May
Total Hip Replacement: An interactive session for GPs and Allied Health Professionals

MASTERCLASS SIX

Tuesday 28 June
Pain and Orthopaedics

MASTERCLASS SEVEN

Tuesday 19 July
Peripheral Nerve Diseases

MASTERCLASS EIGHT

Tuesday 20 September
The Management of Knee Problems in 2011

MASTERCLASS NINE

Tuesday 18 October
Lumbar Spine Surgery Options

MASTERCLASS TEN

Tuesday 15 November
Advanced Management of Sport Related Conditions: Innovation and Evidence

MASTERCLASS ELEVEN

Tuesday 6 December
Update on the management of the painful hip



Orthopaedic Masterclass Series 2011

Tuesday 25 January

Masterclass One

Musculoskeletal Trauma

Musculoskeletal trauma carries considerable morbidity for patients and the challenge for health professionals is to provide high quality care, reduced morbidity and a rapid return to work and athletic activity. Knowledge and evidence of these injuries continues to grow and our management must mirror this; this session will explore three relatively common injury types and the current concepts of treatment.



Mr Rahul Patel
MBBS, MRCS (Eng), MD,
FRCS (Tr & Orth)



Mr Mark Rickman
MD, FRCS (Tr & Orth)



Mr Elliot Sorene
MBBS, FRCS (Tr & Orth)
EDipHS:



Professor Ernest Schilders
FRCS, FFSEM



Mr Vikas Khanduja
MSc, FRCS (Orth)

Tuesday 15 February

Masterclass Two

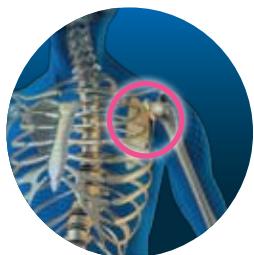
Hip and Groin Pain

In the past options were limited for patients with hip problems and were either joint replacement or open reconstructive surgery. Arthroscopic surgery of the hip now offers a valuable alternative to active adults with hip pain. As less invasive treatments have evolved, we can now perform joint preservation surgery that achieves faster recovery. This session covers latest developments, particularly for athletes, plus a patient case study.



Guest Speaker:
Mrs Louise Grant
MCSP

Masterclass Series



Tuesday 15 March

Masterclass Three

Sports Injury of the Shoulder and Elbow

Whilst sporting activities provide great entertainment to all, the demand on the shoulder occasionally exceeds its capabilities, whether through the constant overhead activity or the regular trauma it sustains with falls and direct contact. In this session we will be discussing shoulder instability and shoulder and elbow sports injuries.



Mr Omar Haddo
MBBS, FRCS(Tr & Orth),
BSc, BMedSci



Mr Giuseppe Sforza
MD



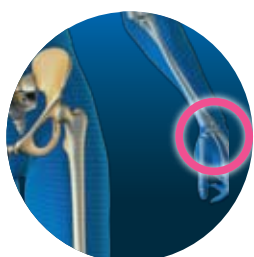
Mr Simon Moyes
MBBS, FRCS(Orth)

Tuesday 5 April

Masterclass Four

Hand and Wrist Surgery: The Future

In this session we will discuss some recent developments such as collagenase, available treatments and wrist replacement surgery.



Mr Rupert Eckersley
FRCS



Mr Giles Bantick
FRCS



**Miss Alice
Bremner-Smith**
FRCS



Mr David Floyd
MSc, FRCS, FRCS(Plast)



Mr Nick Goddard
MBBS, FRCS



Mr Paul Smith
MBBS, FRCS, RCSPG,
FRCS(Eng)



Mr Brian Cohen
MD, FRCS(Orth)



Miss Kate Owers
MS(Oxon), FRCS



Mr Neil Toft
BSc, MBChB, MD,
FRCS(Plast)



Miss Barbara Jemec
MD, FRCS(Plast), EBOPRAS,



Mr Raj Ragoowansi
MSc, MB, FRCS, FRCS(Plast)



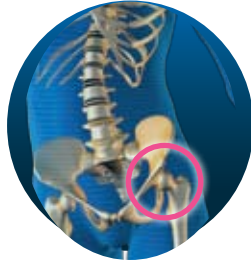
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Tuesday 24 May

Masterclass Five



Mr Richard Carrington
MBBS, FRCS(Orth)



**Total Hip Replacement:
An interactive session
for GPs and Allied Health
Professionals.**

In recent years, total hip replacement has become increasingly more sophisticated and demanding as more difficult and unusual cases are encountered. This evening we will consider some of these cases and current controversies.



Mr Jonathan Miles
MBChB, FRCS(Orth)



Mr William Aston
BSc, MBBS, MRCSed,
FRCSed(Tr &Orth)

Tuesday 28 June

Masterclass Six

Pain and Orthopaedics

Pain Medicine covers a broad range of specialties. As well as evaluating and diagnosing the cause of pain, rehabilitation is an important aspect of our treatment. Often our challenging patients are found to have joint hypermobility problems and so in this masterclass we discuss:

- The problem of pain
- Treatment of CRPS
- Pain with Bone Metastases
- Persisting pain following knee replacement



Dr Mike Platt
MBBS, FRCA



Dr Anthony Ordman
MBBS, FRCA, FRCP



Dr Nigel Kellow
MBBS, FRCA, MBA



Dr John Outhwaite
MA(Oxon), BMBCh,
FRCP(UK)

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Tuesday 19 July

Masterclass Seven

Peripheral Nerve Diseases

The Peripheral Nerve Injury Unit at The Wellington Hospital is recognised as a leading UK tertiary centre for the treatment of complex peripheral nerve injuries. This evening's topics will include:

- Muscle Transfers
- Thoracic Outlet



Mr Mike Fox
MBBS, BSc(Hons),
FRCS(Trauma & Orth)



Mr Marco Sinisi
MD

Tuesday 20 September

Masterclass Eight

The Management of Knee Problems 2011

The largest and most complicated joint, the knee, is used for everything from standing up, sitting, to walking, running, etc. All this motion increases the risk of acute or 'over-use' knee injuries. Our consultants will discuss the latest developments in the management of knee problems.



Mr George Dowd
MD, MCH(Orth), FRCS



Mr Howard Ware
FRCS(Orth)



Mr Fares Haddad
BSc (Orth), FRCS(Ed), Dip
Sport Med, FFSEM



Mr David Hunt
FRCS FRCS(Ed)



Mr David Sweetnam
FRCS(Orth), Dip Sport Med



Mr Jonathon Lavelle
FRCS(Orth)



Mr Andrew Williams
MBBS, FRCS, FRCS(Orth)



Orthopaedic Masterclass Series 2011

Tuesday 18 October

Masterclass Nine

Lumbar Spine Surgery Options

Demand for treatment of the lumbar spine is increasing and many new procedures are being evolved. In this session discussion will include:

- Lumbar Spine Surgery: Anterior versus Posterior approaches - the risks and benefits
- The Case for Spinal Instrumentation



Mr James Allibone
BSc, FRCS(SN)



Mr Ben Taylor
MBBS, MCh(Orth), FRCS,
FRCS(Ed)



Mr Lester Wilson
MBBS, BSc (Hons),
FRCS (Eng), FRCS (Orth)



Mr Stewart Tucker
MBBS, FRCS(Eng), FRCS



Mr Adrian Casey
MBBS, FRCS, SN



Tuesday 15 November

Masterclass Ten

Advanced Management of Sport Related Conditions: Innovation and Evidence.

Whether people are reluctant exercisers, enjoy sports as part of their daily life or indeed live for sport, there are times when activity can result in injury or illness. This masterclass focuses on the advanced management of sport related conditions.



Dr Cathy Speed
BMed Sci, Dip Sports Med,
MA, PhD, FRCP,
FFSEM(1) UK



Dr Roger Wolman
MD, FRCP, FFSEM

Masterclass Series

Tuesday 6 December

Masterclass Eleven

Update on the Management of the Painful Hip

Hip pain can affect people of all ages and be caused by injuries to the hip joints or muscles, or by conditions such as tendinitis or osteoarthritis. In this session we discuss:

- the preservation of Hip Function: Modern Solutions
- osteoarthritis: options and solutions



Mr Howard Ware
FRCS(Orth)



Mr Fares Haddad
BSc (Orth), FRCS(Ed), Dip
Sport Med, FFSEM



All information was correct at time of going to press



Masterclass Events Location

How to find London Zoo

From Camden Town Station (15 minute walk)

Camden Town is the nearest tube station to ZSL London Zoo with its Northern Line connection.

- Exit the station on the right-hand side and walk along Parkway
- Continue walking up Parkway for about 6 minutes until you reach Prince Albert Road
- Turn right into Prince Albert Road and continue for about five minutes until you reach the traffic-light controlled pedestrian crossing
- Cross left here and walk over the Regent's Canal footbridge
- Turn right and ZSL London Zoo is then 200 metres up the road on the left-hand side.

Alternatively, ZSL London Zoo visitors can use Regent's Park Tube station (Bakerloo Line) or Baker Street Station (Jubilee, Bakerloo & Metropolitan lines):

From Regent's Park Station (20 minute walk)

- Exit the station and turn right
- Cross the Marylebone Road and turn left immediately into Park Square East
- Continue until you reach the entrance to Regent's Park on the corner of the outer circle
- Walk through the Park along the Broad Walk (heading north) until you reach the outer circle again. Turn left onto the outer circle
- ZSL London Zoo's entrance is 200 metres on the left.

Directions from Baker Street

- Catch the 274 bus from Baker Street to Ormonde Terrace

Or if you fancy a 30 minute walk:

- Exit the station on Baker Street
- Turn right and walk to the end of Baker street
- Cross over Park Road and turn left onto the outer circle
- Follow this road until you reach the Zoo's main entrance on your right.

Huxley Lecture Theatre

This is located a couple of hundred metres from the main Zoo entrance, on the opposite side of the road. It is just a few minutes walk from the car park where parking is free after 6pm.



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The Wellington Hospital
 Wellington Place
 St. Johns Wood
 London NW8 9LE

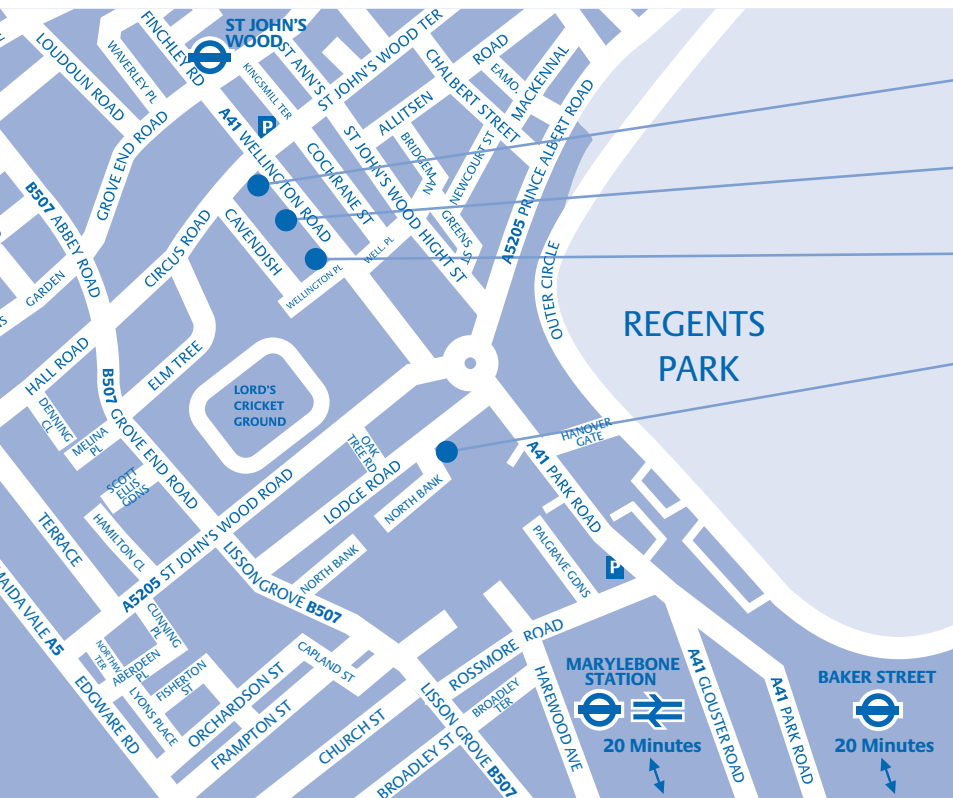
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- Wellington Central
- The Wellington Hospital South
- The Platinum Medical Centre

Nearest Stations

- St. John's Wood (10 mins walk)
 - Underground Jubilee Line
- Marylebone (20 mins walk)
 - Underground Bakerloo
 - Main Line Rail
- Baker Street (20 mins walk)
 - Underground Bakerloo, Circle, Hammersmith, Jubilee, Metropolitan

Nearest Car Parks

- Kingsmill Terrace – Masterpark
- Park Road – NCP

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